

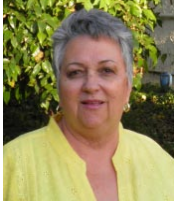


# San Diego Chatter

Volume 2015 Issue 4  
July/August 2015

CALIFORNIA STATE RETIREES  
CHAPTER 17 - SAN DIEGO/IMPERIAL COUNTIES  
District G

Chapter EMAIL: [Chaptr17@gmail.com](mailto:Chaptr17@gmail.com) Chapter WEBSITE: [www.CalStateRetirees-Chapter17.info](http://www.CalStateRetirees-Chapter17.info)



## Chapter 17 - Diane Whorton, President

It was great to have 30 people in attendance at our June meeting. We had 6 first time visitors, members who had never attended before: Maria Muro, Tammy Givinson, Marlene DeMiros, Erasmo Pagan, S. Barton and Diane Fisher. David Juarez signed up two new members; Diane Fisher and Maria Muro. Welcome to all of you.

CSR Statewide Committees and Board of Directors met in San Diego the week of June 22<sup>nd</sup>. A Treasurer Training was put on for all of the new Treasurers and their Presidents, Finance, Bylaws & Rules, Membership, Health Benefits and PAC all met.

Currently Chapter 17 has three members sitting on statewide committees; Diane Whorton, Finance, Elaine Edwards-Yaharus, Health Benefits and Gaspar Oliveira, Membership.

The Board of Directors met on Thursday where Chapter 17 officers were sworn in along with the other chapter officers statewide.

Chapter 17 Officers left to right are:

Diane Whorton, President

Elaine Edwards-Yaharus, Treasurer

Steve Haley, Vice President

Gloria Koch, Secretary



## VISION and DENTAL ENHANCEMENTS

CSR has been working with CalHR to get better vision and dental plan coverage. VSP now has a new PREMIER Plan that will be available during open enrollment. This is a trial run and will not be made permanent until there is 20% enrollment by Retirees. It will cost \$20.40 a month. Information will be sent out for Open enrollment.

They are working on a similar enhancement with Delta Dental.

## MAJOR CHANGE TO HEALTH PLANS

Big news of the month is a major change to Health Care Plans through CalPERS. **United Healthcare Medicare Advantage HMO (like a PPO)** has been added effective January 1, 2016. Kaiser will be the only remaining HMO.

Retiree Members currently in **Anthem Blue Cross, Blue Shield Access, NetValue, Sharp** will be transferred directly into the new plan. PERS CHOICE, PERS CARE, PERS SELECT will remain in place.

These are a few features:

- You can use your current doctor as long as they take Medicare – They do not have to take United Healthcare – you will get a new card showing Medicare on it. This will be the only card you use
- Coverage in all 58 counties and out-of-state
- Covers all of care covered by Medicare Parts A, B and D

- Includes a comprehensive national network of contracted health care providers
- CVS is not in this plan – other pharmacies can be used
- Pharmacy Saver – website – discount prescription locations. Also by mail
- Solutions for caregivers – assistance provided
- RIDER – to get vision and dental through United Healthcare
- Hospice is covered
- Silver Sneakers fitness program
- HouseCalls – Designed to support and complement your regular doctor's care through a visit to your home from one of our licensed health care practitioners
- This plan can also be used in rural areas – pick your own doctor as long as they take Medicare
- State will continue to reimburse for Medicare payment from Social Security

Open enrollment will begin September 14<sup>th</sup> and close on October 9<sup>th</sup>. Members will be able to transfer to other plans if they choose. Please check our **chapter website** at: [www.CalStateRetirees-Chapter17.info](http://www.CalStateRetirees-Chapter17.info) for more information - The EOC is currently posted – 223 pages – go to our **CalPERS Info Tab**, you can download or read from there. or visit the CalPERS site at: [www.calpers.ca.gov](http://www.calpers.ca.gov) .

Information will be coming out in August with all of the plan information. For those of you who will be automatically rolled into the new plan, read the information and decide if this is the plan for you. If not you can change plans during Open Enrollment.

## **CHAPTER MEETING –**

**August 6, 2015 – 10:30 to 2:00 pm  
LUNCH IS FREE TO ALL MEMBERS**

**GUEST: J.J. Jelincic, CalPERS Board Member**

JJ will be explaining the new Health Plan and the transition for those who are on the other plans going away. I'm sure he will have some other interesting tidbits as well.

**Regular meeting Location:** Sizzler, 3755 Murphy Canyon Road, San Diego, CA, (858) 278-6988. Off of I-15 – take AERO DR exit from North or South – go West to Signal -Turn Right. **Go to parking lot behind the building. Entrance to room is at back of building at the parking lot.**

**Doors open at 10:30 am.** Meeting - 11:00 am to 2:00 pm. Please come early so we can get started on time. **OPEN TO ALL CHAPTER 17 MEMBERS**

## **CARL DE MAIO and CHUCK REED File Another Pension Reform Initiative**

This initiative is called the **Voter Empowerment Act of 2016**. **This is another attempt to disable our pension system.**

### **THE FACTS ON THE DEMAIO/REED PENSION BALLOT MEASURE**

#### **ELIMINATES VESTED RIGHTS**

- Takes away the right to retirement for current employees and takes away DEFINED benefit pensions for all employees hired after January 1, 2019.
- Must be a vote of the electorate to restore benefits

## ATTACKS RETIREMENT SECURITY

- Many public employees – and ALL teachers – receive NO Social Security benefits. The pensions they earn is all they have
- Gallup Poll survey, retirement security is the nations's top financial worry. This initiative will eliminate retirement security
- 401K plans were not designed to be the nation's primary retirement system.

## IGNORES GOVERNOR BROWN'S REFORMS

- The measure is an extreme ballot-box solution to issues that should be settled at the bargaining table.
- Governor Brown and the Legislators have already passed major changes in the state pension systems. These changes are now working. 1) Benefits capped; 2) retirement age increased; 3) State employees will have to pay at least half of their pension costs. Save over \$55 billion in retirement costs.

## AVERAGE PENSION BENEFITS ARE NOT EXCESSIVE

- Public employees are paying more toward their retirement
- The average CalPERS pension is just 42,784 per month. This measure will take guaranteed pensions away and force all new employees to rely only on risky 401k style plans
- The number of pensions over \$100,000 represents less than 2 percent of all pensions
- CalPERS is stable and strong. It gets the highest financial ratings possible from Fitch and the second-highest from Moody's.

More to come so watch for it.

## LONG TERM CARE - Reminder

Two letters have been mailed to person enrolled in original Long Term Care Programs. You need to follow the guidelines listed and review your options. Make sure you take care of it so you retain your coverage.

Three things of importance:

1. Should have received a letter regarding rate increases
2. In April you will get another letter with information on how to avoid the rate increases.
3. There is a toll free number you can call to get your questions answered. 800 – 982-1775. It is a General Service number and they will direct you to who you need to talk to.

## MARK YOUR CALENDAR

1. **August 6<sup>th</sup>** – Chapter Meeting – Sizzler, 3755 Murphy Canyon Rd, San Diego, CA 10:30 to 2:00 pm
2. **September 26<sup>th</sup> – Saturday** – Mock GC/DA – 10:00 to 2:00pm – Hunters Steakhouse, Oceanside
3. **October 1<sup>st</sup>** – Chapter Meeting – Sizzler, 3755 Murphy Canyon Rd. San Diego, CA 10:30 to 2:00 pm
4. **October 8<sup>th</sup> thru 12<sup>th</sup>** – General Council & CSR Delegate Assembly – Sacramento, CA
5. **December 3<sup>rd</sup> - HOLIDAY MEETING** - Thursday: Mission Valley Resort, 875 Hotel Circle S, San Diego, CA 92108 Phone: (619) 298-8281. I-8 at 163. Hotel Circle exit from either direction on I-8. **OPEN TO ALL CHAPTER 17 MEMBERS**

## FOR NEW AND EXISTING MEMBERS ALIKE

When talking to potential members you can tell them they can **complete their application online** at [www.CaliforniaStateRetirees.org](http://www.CaliforniaStateRetirees.org) and go to the JOIN tab. This is a secure website and requires an electronic signature.

Pay attention to The “CSR News Network”. CSR is on **Facebook, Twitter, LinkedIn, Google+ and YouTube** (this will have videos this month).  
<https://www.youtube.com/user/CAStateRetirees/>

Plenty of places to check us out.

Chapter 17’s local website is:  
[www.CalStateRetirees-Chapter17.info](http://www.CalStateRetirees-Chapter17.info)

Chapter 17’s email is:  
[Chaptr17@gmail.com](mailto:Chaptr17@gmail.com)

## RECIPE FOR HEALTH

### CHINESE NOODLES WITH CHICKEN – (Also called Pancit)



#### INGREDIENTS

- 1 (12oz) pack dried Rice noodles
- 1 Teaspoon vegetable oil
- 1 small head cabbage – finely sliced or use already sliced
- 4 carrots – thinly sliced or use shredded
- 1 onion – finely chopped or finely sliced
- 3 cloves garlic – minced
- 1/4 cup soy sauce
- 2 lemons – cut into wedges for garnish

(If using chicken directly in the noodles you need:  
2 cups diced cooked chicken breast

#### DIRECTIONS

1. Place the rice noodles in a large bowl, and cover with warm water. When soft, drain, and set aside.
2. Heat oil in a wok or large skillet over medium heat. Sauté onion and garlic until soft. Stir in chicken, cabbage, carrots and soy sauce. Cook until cabbage begins to soften. Toss in noodles, and cook until heated through, stirring constantly.
3. Transfer noodles/pancit to a serving dish and garnish with quartered lemons

## CHAPTER DELEGATE – MOCK GC-DELEGATE ASSEMBLY

All elected **Delegates and Alternates** will be expected to attend a “Mock GC”.

- Saturday, September 26<sup>th</sup>, 2015
- 10:00 to 2:00 pm
- Hunter’s Steakhouse, 1221 Vista Way, Oceanside, CA 92054.
- This is right off the freeway – 1-5.

This will be an opportunity to go over the resolutions for CSEA General Council and the resolutions for CSR Delegate Assembly.

This will be an open discussion and a time to get your questions out on the floor and hear other people’s opinions.

More information to come.



# CSEA Retirees Inc

## CHAPTER 17

Bi-monthly Meetings

February, April, June, August, October, December

### Minutes

DATE: June 6, 2015

10:30 am to 2:00 pm

- Call to Order** Meeting was called to order at 12:05 PM by President, Diane Whorton.
- Pledge of Allegiance** Conducted by President Diane Whorton
- Roll Call of Officers** Diane Whorton, President; Steve Haley, Vice President –excused; Gloria Koch, Secretary; Elaine Edwards-Yaharus, Treasurer-excused
- Delegates:** Diane Whorton, Nellie Sayer, Elaine Edwards-Yaharus-excused, Marva Roddy, Patricia O’Neill, Mark Flahan-absent, Pearl Pacheco-absent.
- Committee Chairs** Luarianne Bella and Gaspar Oliveira, Co-Chairs PAC/Legislation Committee and Aida Canonizado, Membership Chair
- Introduction of Guests** Diane introduced our guests
- Gene Waggoner, District G Director
- Welcome of New Members** Diane welcomed the following new members: Maria Muro, Tammy Givinson, Marlene DeMiros, Erasmo Pagan, S. Barton and Diane Fisher.
- Approval of Minutes** Because we have no quorum of officers the approval of the December 2014 and the April 2, 2015 minutes will be done at the August meeting.
- Treasurer Report** Laurie Bella reported for Treasurer, Elaine Edwards-Yaharus as follows:
- Balance as of 5/01/15 was \$13,980.83
  - Expenses \$ 447.12
  - Income \$1891.11
  - Balance as of 5/31/15 was \$15, 424.82
- President’s Report** Diane reported on the following topics:
- **Lobby Day** – Steve Haley, Laurie Bella, Gaspar Oliveira and Diane made 11 visits. Elected Officials seemed very receptive to CSR.
  - **CalPERS Fair San Diego** – May 8 & 9. Diane thanked participants Steve Haley, David & Terez Juarez, Patricia O’Neill, Elaine Edwards-Yaharus and Gaspar Oliveira. The event was a first for Chapter 17 and was very successful allowing us to collect names and e-mail addresses of potential members. A thank you note will be send to all our new contacts.
  - **Chapter 17 Delegate Election Results:** *New delegates* Diane Whorton, Gloria Koch, Nellie Sayer, Daniel Morales, Steve Haley, Elaine Edwards-Yaharus, Gaspar Oliveira. *Alternate Delegates:* Patricia O’Neill (first alternate), Marva Roddy (second alternate)
  - **Chapter Business** – Chapter business is conducted internally between members and officers. If there is an issue that needs to be taken care of between meetings the process is as follows:
    1. Contact the President
    2. Contact the Officers
    3. Contact the District Director

Contact the President or any other chapter officer. They will research it. If you feel your answer is not back to you timely contact another officer and ask them to follow up. If the resolution requires another opinion or assistance the District Director is the next to contact. *Please keep chapter business within the chapter.*

- **Executive Board Report** -. Diane Whorton, President; Steve Haley, Vice- President; Elaine Edwards-Yaharus, Treasurer; Gloria Koch, Secretary.

**Executive Board Meeting** was held via several conference calls and email with Chapter Officers. Immediate decisions were needed and two officers were going to be absent from the regular Members meeting on June 4. Thus no votes were able to be taken because of lack of quorum.

- **Motions made and passed at Executive Meeting:**
  - ✓ **Chapter Membership List:** The list contains personal information regarding active members. The Executive Board decided that releasing the list was not necessary for recruitment purposes and for security issues. They are researching a breach with the potential release of the membership list to another organization in Northern California.

Discussion centered on the non-release of the Membership list.

Gaspar Oliveira questioned not releasing the Chapter Membership List to Membership Committee Chair.

President again explained that there had been a breach of security up north and that while the incident was being investigated; Chapter 17 Executive Board did not feel comfortable releasing the list.

President moved to the next item on the Agenda

- ✓ **Because of excess funds in chapter Operating Account:** it was decided we were able to spent some funds on our members and create a marketing plan. Those decisions/purchases are listed below as passed by motion of the Executive Board:
  - The Chapter will purchase long sleeve shirt to be used by our members at CalPERS Fair in San Diego – completed prior to June meeting - \$126.02
  - Table Cover – Purchase table cover with the duplication of our chapter banner on the skirt – to be used at events for Marketing ourselves - \$312.12
  - Purchase shirts for Delegate Assembly and GC for all delegates and alternates
  - Lunch will be paid for attendees at the June, August and October meeting. Being done now. Previous motion at April Members meeting for June, 2015.
  - Chapter will take 2<sup>nd</sup> alternate to GC and Delegate Assembly

## Committee Reports

### PAC/Legislation

Laurie Bella and Gaspar Oliveira

Gaspar Oliveira reported that at a request of Gene Waggoner, District Director, he had set up an appointment with Tony Atkins. Unfortunately, the Speaker was in Sacramento, so they met with Ms Price her Chief of Staff. Gaspar said that Chapter 17 had very good relations with its local legislators.

Laurie Bella reported on a notification she just received about Carl DeMaio and Chuck Reed's attempt to eliminate our retirement program. Watch out for them. More information to come.

### MEMBERSHIP

Aida Canonizado – No report

Discussion started by the President for ideas to do recruitment within the chapter:

1. Invite people you know to meetings and Holiday Meeting
2. Handouts with CSR and chapter information
3. Ambassador Program
4. Departments you worked for - contact with people still there
5. DGS - have invitation to go to buildings – David Juarez
6. Picnic/Happy hour

**CalPERS**

Diane Whorton for Elaine Edwards-Yahraus. Copy of Email from Health Benefits Chair Stephanie Hueg passed out

June 16 – CalPERS Board will be voting on whether to accept United Health Care Plan to PERS Health Plan Programs. If this take effect there will be several plans that go away; Anthem blue Cross, Blue Shield Access; Net Value; and, Sharp. PERS Health Plan Programs will keep Kaiser, PERS Choice, PERS Care, PERS Select and United Healthcare Medicare Advantage PPO. You can watch a live webcast by going to: <http://www.calpers.ca.gov/> and click on Watch live Board Webcast- on the right side of the page.

Recommended if members feel they will be affected by these changes to attend the Health Benefits Committee in San Diego on Wednesday June 24 at the Doubletree Hotel in Mission Valley. Meeting time 10:00 am to 12:00 pm

**Security Roundtable-San Diego Retiree Groups**

Laurie Bella- Elaine Edwards-Yahraus  
No meeting – no action since their last meeting

**New Business**

None

**Old Business:**

None

**District G Report**

Gene Waggoner

Possible pension reform on next ballot. Will affect employees starting in 2019. No define benefit retirements only 401K plans. Ballot box politics anytime they want to update benefits. Please call your legislator.

Meeting Adjourned

1: 15 pm

Submitted By

*Gloria Koch*  
**Secretary**

**CalPERS Fair May 8<sup>th</sup> and 9<sup>th</sup>, 2015**

Thank you to the following members for helping out at the CalPERS Fair in San Diego.

David and Terez Juarez – Day 1

Patricia Oneil

Steve Haley

Diane Whorton – Day 1

David and Terez Juarez – Day 2 -

PICTURED

Elaine Edwards-Yaharuz -

PICTURED

Laurie Bella

Gaspar Oliveira -

PICTURED

Diane Whorton – Day 2 -

PICTURED



California State Retirees – Chapter 17  
c/o Diane Whorton  
7563 Central Avenue  
Lemon Grove, CA 91945-2337

**Time Sensitive**

## **IMPORTANT CONTACT INFORMATION**



## CHAPTER OFFICERS

### President/Newsletter Editor

Diane Whorton - (619) 467-7861  
[dlw.union@gmail.com](mailto:dlw.union@gmail.com)

### Vice President

Steve Haley - (619) 441-8769  
[raceready@usa.net](mailto:raceready@usa.net)

### Secretary

Gloria Koch - (858) 455-1917  
[kochgloria303@gmail.com](mailto:kochgloria303@gmail.com)

### Treasurer

Elaine Edwards-Yaharus  
(619) 435-4044  
[EYaharus@gmail.com](mailto:EYaharus@gmail.com)

### Past President

Vacant

### District G Director (CSR Board of Directors)

Gene Waggoner  
(760) 868-0968  
[sagwaggs@aol.com](mailto:sagwaggs@aol.com)

## SUB CHAPTER – IMPERIAL VALLEY

### Chair

Thomas Stroud – (760) 353-1749  
[stroudtom@hotmail.com](mailto:stroudtom@hotmail.com)

### Recording Secretary

Ray Vialpondo – (760) 353-2445  
[raynov1@roadrunner.com](mailto:raynov1@roadrunner.com)

## COMMITTEES

### Finance Committee - Chair

Steve Haley – (619) 441-8769  
[raceready@usa.net](mailto:raceready@usa.net)

### PAC Committee – Co-Chairs

Laurie Bella – (619) 435-3688  
Email: [lbella@san.rr.com](mailto:lbella@san.rr.com)

### Membership Committee – Vacant

\*\*\*\* If there is a committee you wish  
to help with please contact the  
President so you can be assigned  
\*\*\*\*\*

## IMPORTANT NUMBERS

(have your SS# ready)

### CSR Retirees, Inc.

888 808-7197  
Fax: 916 326-4364  
[www.californiastateretirees.org](http://www.californiastateretirees.org)

### CSEA Member Benefits

800 952-5283  
[www.calcsea.org/benefits](http://www.calcsea.org/benefits)  
916 444-8134

### CalPERS Headquarters Retired Members

800 352-2238

### Beneficiary

916 326-3848  
800 352-2238  
[www.calpers.ca.gov](http://www.calpers.ca.gov)

### Social Security

800 772-1213  
[www.ssa.gov](http://www.ssa.gov)

### Medicare

800 633-4227  
[www.Medicare.gov](http://www.Medicare.gov)