

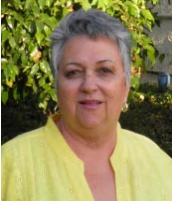


San Diego Chatter

Volume 2015 Issue 3
May/June 2015

CALIFORNIA STATE RETIREES
CHAPTER 17 - SAN DIEGO/IMPERIAL COUNTIES
District G

Chapter EMAIL: Chaptr17@gmail.com Chapter WEBSITE: www.CalStateRetirees-Chapter17.info



Chapter 17 - Diane Whorton, President

SEND YOUR BALLOTS IN – must be in Headquarters by 5:00 pm May 20, 2015.

Ballots have been mailed out for Delegates representing your chapter at Delegate Assembly in October. Vote for ONLY 6 people. Punch out the circle on the right side of the ballot with a + in it, next to the person's name you are voting for. DO NOT write on the ballot. Seal in the envelope and put in the larger envelope, seal and print your name on the outside envelope only. NO POSTAGE NEEDED.

Chapter 17 volunteers will be attending the CalPERS Educational Fair in San Diego on May 8th & 9th at the Doubletree Hotel. If are in touch with any active employees, family and friends working for the state tell them about it. There will be staff there to assist them in getting information on their retirement, applying for their retirement benefits, health benefits, etc. We will have a table there providing information about California State Retirees.

LONG TERM CARE - Reminder

At the recent CSR Health Benefits Meeting R. Gray Scott from CalPERS talked about Long Term Care and the transition that needs to be made. Three things of importance:

1. Should have received a letter regarding rate increases
2. In April you will get another letter with information on how to avoid the rate increases.
3. There is a toll free number you can call to get your questions answered. 800 – 982-1775. It is a General Service number and they will direct you to who you need to talk to.

CHAPTER MEETING – June 4, 2015 – 10:30 to 2:00 pm – LUNCH IS FREE TO ALL MEMBERS

Regular meeting Location: Sizzler, 3755 Murphy Canyon Road, San Diego, CA, (858) 278-6988. Off of I-15 – take AERO DR exit from North or South – go West to Signal -Turn Right. **Go to parking lot behind the building. Entrance to room is at back of building at the parking lot.**

Doors open at 10:30 am. Meeting - 11:00 am to 2:00 pm. Please come early so we can get started on time. **OPEN TO ALL CHAPTER 17 MEMBERS**

MARK YOUR CALENDAR

1. **May 8th & 9th** – CalPERS Fair – Doubletree, Mission Valley, San Diego, CA
2. **June 4th** – Chapter Meeting – Sizzler, 3755 Murphy Canyon Rd. San Diego. 10:30 to 2:00 pm
3. **June 23rd thru 25th** – CSR statewide Committee and Board of Directors Meeting – Doubletree Hotel, Mission Valley – San Diego, CA
4. **August 6th** – Chapter Meeting – Sizzler, 3755 Murphy Canyon Rd, San Diego, CA 10:30 to 2:00 pm

5. **September 26th – Saturday** – Mock GC/DA – 10:00 to 2:00pm – Elks Lodge, Santa Ana, CA (**DELEGATES**)
6. **October 1st** – Chapter Meeting – Sizzler, 3755 Murphy Canyon Rd. San Diego, CA 10:30 to 2:00 pm
7. **October 8th thru 12th** – General Council & CSR Delegate Assembly – Sacramento, CA
8. **December 3rd - HOLIDAY MEETING** - Thursday: Mission Valley Resort, 875 Hotel Circle S, San Diego, CA 92108 Phone: (619) 298-8281. I-8 at 163. Hotel Circle exit from either direction on I-8. **OPEN TO ALL CHAPTER 17 MEMBERS.**

LOBBY DAY BIG SUCCESS

Four Chapter 17 members attended Lobby Day this year. Laurie Bella, Gaspar Oliveira, Steve Haley and Diane Whorton. We were able to visit with 11 Legislator staff or in person.

We minded them that our health benefits and pension is most important at this time in our lives and that we worked of it, paid into it and we get nothing for free.

FOR NEW AND OLD MEMBERS ALIKE

When talking to potential members you can tell them they can **complete their application online** at www.CaliforniaStateRetirees.org and go to the JOIN tab. This is a secure website and requires an electronic signature.

Pay attention to The “CSR News Network”. CSR is on **Facebook, Twitter, LinkedIn, Google+ and YouTube** (this will have videos this month). <https://www.youtube.com/user/CAStateRetirees/>

Plenty of places to check us out.

Chapter 17’s local website is: www.CalStateRetirees-Chapter17.info

Chapter 17’s email is: Chaptr17@gmail.com

CSR COMMITTEES & BOARD OF DIRECTOR TO MEET IN SAN DIEGO

The Statewide committees and Board of Directors will be meeting in San Diego June 23rd thru June 25th. These meetings are open to ALL CSR members. If you would like to listen and have a voice at the statewide level now is your chance. Meetings will be at the Doubletree in Mission Valley.

There will be Chapter Officer training on June 23rd from 8:00 am to 12:00 noon. All chapter Officers will be expected to attend.

This is not training for Delegates.

RECIPE FOR HEALTH

TURKEY MEATLOAF

Turkey is a drier meat because it does not have a lot of fat. Be sure and grease you pan before baking so it does not stick. Bake at 375 degrees for 1 hour



- 2 lbs Ground Turkey
- 3/4 cup crushed buttery round crackers
- 2/3 cup milk
- 2 small onions – chopped
- 1 Bell Pepper – chopped – if desired
- 2 eggs
- 2 packages Meatloaf Seasoning (brand of choice)
- 1 clove garlic, minced
- 1 ½ tsp ground black pepper

**** Can also add 1 cup cheddar cheese to mixture

TOPPING – Add the last 15 minutes of baking

- 1 cup ketchup
- 1/2 cup brown sugar
- 1Tbsp Worcestershire sauce

For a crunchy topping add cheese to the mixture, bake until topping becomes brown – Cheese will not melt

CHAPTER DELEGATE – MOCK GC

All elected delegates will be expected to attend a “Mock GC” to be held on September 26th, from 10:00 to 2:00 pm at the Elks Lodge in Santa Ana. This will be an opportunity to go over the resolutions for CSEA General Council and the resolutions for CSR Delegate Assembly.

This will be an open discussion and a time to get your questions out on the floor and hear other people’s opinions.

More information to come.



**CHAPTER 17 – San Diego
Sizzler on Murphy Canyon Rd
April 2, 2015 Minutes
11:00 am to 2:00 pm**

Call To Order

Diane Whorton, President at 11:57 pm

Approval of Minutes

September, 2014 – Not available – Secretary not available for copy
December, 2014 – Not available – Secretary not available for copy
February 5, 2015

Motion made by Laurie Bella to approve the minutes with the corrected spelling of the names of Gaspar Oliveira and Donna Morey and the correct year of 2015. Seconded by Steve Haley. Motion passed.

Treasurer’s Report

Elaine Edwards-Yahraus New balance - \$14,646.46

Motion made by Gaspar Oliveira to accept the Treasurer’s balance report. Seconded by Marva Roddy. Motion passed.

President’s Report

Diane Whorton, President

- Chapter Delegate election ballots will be mailed out by April 20th.
- Ballots must be back at corporate office no later than 5:00 pm May 20th.
- Vote for NO MORE than 6 delegates.
- General Assembly will be October 8, 9, & 10th 2015 in Sacramento.
- Two alternates will also attend the General Assembly. The alternates will be seated in the visitor area and will not be able to vote unless they are needed to fill in for a delegate who is unable to continue to serve as a delegate.
- Suggestion: It would be nice to do something in Memory of Joe Aquelino who served as President of Chapter 17 for many years. Perhaps a donation to a charity in his name. He was a supporter of Father Joe’s Kids Program in San Diego.

Motion made by Gaspar Oliveira to donate \$250 to Father Joe’s Kids Program in San Diego in Memory of Joe Aquelino Past President of Chapter 17. Seconded by Tereza Juarez. Motion passed.

Welcome new members

Terri Duffy and Debi Meza

Committees Reports

PAC – Laurie Bella & Gaspar Oliveira

Laurie Bella reported PAC members will be attending the CSR Lobby Day activities in Sacramento April 7 & 8. Members will visit legislator’s offices, depending who is available.

It was suggested that the Chapter members attending the Lobby Day activities contact certain legislators ahead of time and let them know when you will be visiting and possibly make appointments to see them.

Gaspar Oliveira reported he recently attended a legislative meeting in San Diego and met Kevin de Leon, State Senator and President Pro Tempore of the Ca. State Senate. He told Gaspar that he is available to help members of our Chapter if there are questions or need legislative assistance on a problem subject.

Membership

- Aida Canonizado – Gaspar Oliveira spoke about the Ambassador program under the Membership Committee. There are close to 300 representatives in the Ambassador program that promote CSR interests. The program is inviting retirees to train to become Ambassadors. Gaspar is offering to lead a 1.5 hr. training class to assist retirees to become active Ambassadors. The Ambassadors would provide information to other retirees and increase their participation in chapter activities. Let Gaspar know if you are interested.

Terez Juarez suggested our chapter have a contest and provide a prize to those who bring the most new members at each meeting.

Diane Whorton explained members could decide what they would like to do to increase chapter participation. She suggested we have the funds and could provide a free salad bar lunch at our June meeting.

Motion made by Gaspar Oliveira to have a free salad bar lunch for all member attendees at our June 4th meeting at the Sizzlers. Seconded by David Juarez. Motion passed.

Motion made by Gaspar Oliveira to offer a one-time gas stipend for members driving from Imperial Valley. Seconded by Marva Roddy. Motion withdrawn by Gaspar and Marva after discussion as not being feasible.

Sub Committee

Laurie Bella – Elaine Edwards- Yahraus – Networking with San Diego Retiree Groups – Security Roundtable. No up dates this month.

New Business

Deposit needed for Mission Valley Resort – Holiday Meeting December 3rd.

Motion made by Aida Canonizado to provide a check for \$250 for deposit for the Mission Valley Resprt For our Holiday Meeting December 3rd. Seconded by Terez Juarez. Motion passed.

Old Business

CalPERS Fair- San Diego. May 8th and 9th. Volunteers still needed. David & Terez Juarez volunteered.

Member ID Cards- many of our members do not have membership cards. Diane will follow up with Headquarters to find out why and order cards for our members.

District G Report

Gene Waggoner

Medicare info sheets passed out for members to petition US congress members to continue to increase payments for Medicare providers. We need to get acquainted and develop rapport with Tony Atkins Speaker of the Assembly. He is a very influential person and CSR will need his help in the future with important issues for retirees.

Meeting Adjournment

Meeting adjourned 1:50pm

Prepared by Nellie Sayer, Acting Secretary

California State Retirees – Chapter 17
c/o Diane Whorton
7563 Central Avenue
Lemon Grove, CA 91945-2337

Time Sensitive

IMPORTANT CONTACT INFORMATION

CHAPTER OFFICERS

President/Newsletter Editor

Diane Whorton - (619) 467-7861
dlw.union@gmail.com

Vice President

Steve Haley - (619) 441-8769
raceready@usa.net

Secretary

Gloria Koch - (858) 455-1917
kochgloria303@gmail.com

Treasurer

Elaine Edwards-Yaharus
(619) 435-4044
EYaharus@gmail.com

Past President

Pearl Pacheco - (619) 296-0673
sppsandiego1@hotmail.com

District G Director

(CSR Board of Directors)

Gene Waggoner
(760) 868-0968
sagwaggs@aol.com

SUB CHAPTER – IMPERIAL VALLEY

Chair

Thomas Stroud – (760) 353-1749
stroudtom@hotmail.com

Recording Secretary

Ray Vialpondo – (760) 353-2445
raynov1@roadrunner.com

COMMITTEES

Finance Committee - Chair

Steve Haley – (619) 441-8769
raceready@usa.net

PAC Committee – Co-Chairs

Laurie Bella – (619) 435-3688
Email: lbella@san.rr.com
Gaspar Oliveira – (619) 548-4793
GasparLunaOliveira@gmail.com

Membership Committee - Chair

Aida Canonizado – (858) 735-9247
aida.canonizado@gmail.com

**** If there is a committee you wish to help with please contact the President so you can be assigned ****

IMPORTANT NUMBERS

(have your SS# ready)

CSR Retirees, Inc.

888 808-7197
Fax: 916 326-4364
www.californiastateretirees.org

CSEA Member Benefits

800 952-5283
www.calcsea.org/benefits
916 444-8134

CalPERS Headquarters

Retired Members

800 352-2238

Beneficiary

916 326-3848
800 352-2238
www.calpers.ca.gov

Social Security

800 772-1213
www.ssa.gov

Medicare

800 633-4227
www.Medicare.gov